

Are you stressed out about your job search?

Join us for
“Facing the Day with
Confidence”
A Stress Management Workshop

presented by
The Possible Life
Psychotherapy and Stress & Wellness Coaching Centre
Resource Person: Dr. O.K. Dugan

Tuesday, December 18, 2007
1:00 to 3:00 pm

Space is limited. To sign up call:
416-396-8100 or 416-396-8101, TTY 416-396-8095

Scarborough Centre for Employment Accessibility
3478 Lawrence Avenue East, Unit C006
(Northwest corner at Markham Rd., rear of the building, near Shell Gas Station)
Email: scea@tdsb.on.ca • Website: www.accessibleerc.com

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